

## RLSD HEALTH & CLINIC GUIDELINES 2020-2021

The following is the district's clinical guidelines and expectations for the upcoming 2020-2021 school year. In order to keep our schools safe, it will be important for everyone - staff, students and parents to follow the new guidelines, including a daily COVID-19 health assessment. This should be done **at home** prior to arriving at school. Each morning before students and staff enter a Ross building, everyone is asked to complete the Daily Health Assessment Checklist. Many symptoms of COVID-19 are similar to other common illnesses as well as seasonal allergies. It is possible to have the coronavirus without having a fever. If any of the listed symptoms are new or have started recently or suddenly, please stay at home. This year, it will be very important for parents to keep students home if they do not feel well.

### DAILY HEALTH ASSESSMENT CHECKLIST

To protect the health and safety of others, all Ross students and staff members are required to perform the following daily COVID-19 health check at home prior to coming to school.

**DO YOU HAVE ANY OF THE FOLLOWING SYMPTOMS THAT CANNOT BE ATTRIBUTED TO ANOTHER HEALTH CONDITION? IF SO, PLEASE STAY HOME UNTIL THE SYMPTOM(S) IS/ARE RESOLVED.**

- Fever 100.0 and higher or signs of a fever (chills, feeling very warm to the touch, flushed appearance and/or sweating)
- New and persistent/uncontrolled cough
- Shortness of breath and/or difficulty breathing
- Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person that has a confirmed case of COVID-19

**IN ADDITION, PLEASE STAY HOME IF YOU HAVE 2 OR MORE OF THE FOLLOWING SYMPTOMS**

- Chills
- Fatigue
- Muscle/body aches
- Headache
- Sore throat
- Congestion
- Runny Nose
- Nausea
- Diarrhea
- New or sudden loss of taste or smell

Due to the current COVID-19 pandemic, the following guidelines and expectations will be followed and strictly enforced.

- **WHEN TO KEEP A STUDENT HOME:**

- Students that have the following symptoms should stay home from school. Please contact your primary care provider to discuss these symptoms.
  - Fever of 100.0 or higher or signs of a fever (chills, feeling very warm to the touch, having a flushed appearance and/or sweating), new and persistent/uncontrolled cough, shortness of breath/difficulty breathing**ALSO KEEP A STUDENT HOME IF THEY HAVE TWO OR MORE OF THE FOLLOWING SYMPTOMS**
  - Chills, fatigue, body aches, headache, sore throat, congestion, runny nose, nausea/vomiting and/or diarrhea, new loss of taste or smell
- Students should stay home from school if they have **any** of the above symptoms **and** an exposure to a known case of COVID-19.
- Students should stay home for 14 days if they have had close contact (within 6 feet of an infected person for at least 15 minutes) with a person that has a confirmed case of COVID-19.

- **WHEN A STUDENT IS SENT HOME:**

- Students experiencing the following symptoms will be sent home and must be picked up immediately. Please contact your primary care physician to discuss your student's symptoms.
  - Fever of 100.0 or higher
  - Persistent/uncontrolled cough
  - Shortness of breath and/or difficulty breathing**OR 2 OR MORE OF THE FOLLOWING SYMPTOMS**
  - Sore throat
  - Headache
  - Chills
  - Body aches
  - New loss of taste and/or smell
  - Nausea and vomiting or diarrhea
  - Runny nose
  - Stomachache

- **RETURNING TO SCHOOL AFTER BEING SENT HOME**

- The classroom teacher, administrator, attendance secretary and transportation will be notified that your student cannot return to school the following day per current recommendation from the Butler County Health Department.
- Students **MUST** be fever free for 24 hours **without** the use of fever-reducing medication and have improvement in any other symptoms that were present when dismissed home. Students sent home with symptoms of COVID 19 are advised to seek direction from their primary care provider.
- Students **MUST** be transported by the parent/guardian and assessed by the school nurse once the student is symptom and/or fever free. Please contact your student's school nurse to discuss your student's return to school. Students will be permitted to return to

school at the school nurse's discretion based on guidelines from the Ohio Department of Health and Centers for Disease Control.

- **RETURNING TO SCHOOL AFTER A POSITIVE COVID-19 DIAGNOSIS**

- If a student is diagnosed as having COVID-19 **and had** symptoms, they are able to return to school:
  - 10 days after symptoms first appeared, 24 hours fever free without the use of fever-reducing medications, and improvement in all COVID-19 symptoms.
- If a student is diagnosed as having COVID-19 **and had no** symptoms, they are able to return to school:
  - 10 days after being tested for COVID-19.
  - If your healthcare provider recommends additional testing, they will let you know when your student can return to school.
  - If your student develops symptoms after testing positive, they are able to return to school: 10 days after symptoms first appeared, 24 hours fever free without the use of fever-reducing medications, and improvement in all COVID-19 symptoms.

- **FINALFORMS**

- FinalForms **MUST** be updated with current parent/guardian contact information, including emergency contacts in case the student needs to be sent home for illness or injury while at school.

- **VACCINES**

- Required school vaccination must be up to date or your student will be excluded from school on **September 22, 2020**.
- If your student has an appointment scheduled after the listed exclusion date, it must be communicated to the school nurse in order to avoid exclusion.

\*guidelines and expectations were derived from the CDC. [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus)